

BLINDED ☆

An activity to help children realize some of the hardships of being blind.

TOPICS:

Jesus, Miracles

MATERIALS:

Adult volunteer, Blindfold,
Small toy or stuffed animal,
Several empty plastic cups

DURATION:

Approximately 10 minutes



PREPARATION:

Arrange before hand for an adult volunteer to attend the class. The adult will pretend they are blind during this activity.

WHAT YOU WILL DO:

Explain to the children that being blind can cause many hardships in a person's life that he or she has to learn to overcome. In today's activity we will see that it can be quite a challenge for someone who is blind to do many of the things people who can see take for granted. For example, if we want to pick up a drink of water or a toy we can easily reach out and pick it up. For someone who is blind, this process can take a little longer and can be very hard.

In this activity, the class will help a blindfolded volunteer pick up various objects. The adult volunteer will wear a blindfold and objects will be placed on the table in front of the volunteer. The volunteer should sit in a chair facing the table. The rest of the class will try to help the blindfolded person pick up a specific object by telling the person where they should move their hands to reach the object. The volunteer can ham it up a bit by moving their hands quickly at first, which will knock some of the cups over. Tell the children to instruct the volunteer to move their hands more slowly. (Be sure that the children stay out of arm's reach of the blindfolded person, so as not to be accidentally hit by the blindfolded person)

Have the children spend several minutes helping the volunteer pick up the small toy or stuffed animal. If time permits, you can ask the children if they would like a turn wearing the blind fold.

Discussion Questions:

1. What do you think it would be like to be blind?
2. How would it be to be blind from birth?
3. How happy would you be if you had been blind from birth and Jesus healed you!

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