

## EGG PARTS ☆

**An activity to teach children that God is made of three parts called the Trinity.**

by Kristy Thornton

### TOPICS:

Jesus, Knowing God, Trinity

### MATERIALS:

1 raw egg  
Small bowl  
Towels



### DURATION:

Approximately 7 minutes

### WHAT YOU WILL DO:

Have the children gather around the table to get a good view. You will hold up the whole egg. Then, you will crack the egg to show that it has three different parts: shell, egg white, and yolk. Finally, you will compare this to the Trinity.

### WHAT YOU WILL SAY:

We are going to figure out how we can call God the Father, Jesus, and the Holy Spirit, all God.

*(Display the egg to the class.)* What do I have in my hand? If you said, "egg," you are correct. I am going to crack this egg and see what happens.

*(Break open the egg and place the contents into the small bowl.)* Do I still have an egg or did I ruin it? *(Allow children to respond. You still have an egg. Some kids might say egg whites or a yolk, but hopefully some will say it is an egg.)*

The whole egg was called an egg, although it had all of this inside. When I crack the egg and dump it into the bowl, it is still called an egg, even though it looks completely different. Let's break down the different parts of an egg. What is on the outside, which is hard? *(Shell)* There are two different substances in the bowl. Does anyone know what the clear stuff is called? *(Egg whites or whites)* What is the yellow stuff called? *(Yolk)*.

An egg has three different parts, the shell, whites, and yolk. However, we can call all these parts an egg. They can be inside an egg or in a bowl separated, but it is all still an egg.

There are also three parts to God: God the Father, Jesus the Son, and the Holy Spirit. They are three in one. Three parts make up One God. This is what we call the Trinity. The Trinity came from God and God alone. Therefore, we can call Jesus God. Remember Jesus, Himself, even said in John 10:30, "I and the Father are one."

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## WE ARE ONE ☆

**A craft activity to teach children that Jesus and God are one.**

by Kristy Thornton

### TOPICS:

Jesus, Knowing God

### MATERIALS:

Bible, Craft sticks

Medium card stock, glue

Pictures of Jesus and God the Father [Click here](#)



### DURATION:

Approximately 15 minutes

### PREPARATION:

Before class, use medium card stock to print out enough pictures for each child to have one of each.

### WHAT YOU WILL DO:

Pass out one craft stick and a set of pictures to each child. Have students glue a picture of God the Father to one side and a picture of Jesus the Son to the other side to make a sign. Write the following words on the board:

**FATHER ME I**

As you read John 14:7-11, have the children hold up their sign showing the correct picture that goes with the words FATHER, ME or I.

### WHAT YOU WILL SAY:

We are going to read John 14:7-11 to help us understand how God and Jesus are one. First, we need to make a sign that will help us as we read the passage from the Bible. You each will get a craft stick to glue a picture of God the Father on one side and a picture of Jesus on the other side.

Now that everyone has their signs made, look at the board. I have written three words on the board. Let's read them together, FATHER, ME, and I. As we read John 14:7-11, hold up your sign showing the picture of Jesus when you hear the words ME or I. Hold up your sign showing the picture of God the Father when you hear the word FATHER.

### Discussion Questions:

1. If you know Jesus, do you know the Father? (Yes)
2. If you have seen Jesus, have you seen the Father? (Yes)
3. Is Jesus in the Father? (Yes)
4. Is the Father in Jesus? (Yes)

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## EVIDENCE OF THE INVISIBLE ☆

*An activity to help children understand the invisible world around them.*

### TOPICS:

Jesus, Knowing God

### MATERIALS:

None

### DURATION:

Approximately 10 minutes



### WHAT YOU WILL DO:

Have the children stand an arm's length apart from each other facing you. On your signal, the children will jump as high as they can.

### WHAT YOU WILL SAY:

Today, we are going to learn a little about the invisible world around us. There are things around us that we cannot see, yet we have evidence that they exist. For example, we cannot see the wind, yet we know it is there because we can see it moving the leaves on the trees or feel it blowing across our faces on breezy days.

We are going to demonstrate another example of the invisible world around us with a fun activity. I want you all to line up facing me. Now stand an arm's length apart from the child next to you. When I say jump, I want all of you to jump as high as you can. Ready? Set. Jump!

What happened when we jumped? Did any of us float off into space? No, of course not. That is because of gravity. God created just the right amount of gravity to keep us from floating off into space, but not so much gravity that we are stuck to the ground, unable to move. Gravity is invisible yet we just proved it exists.

When Jesus was on the earth, He told the people that when they saw Him, they also saw God. (John 14:9) The people couldn't see God, but they did see Jesus. John 10:30 tells us that Jesus and God the Father are one.

### Discussion Questions:

1. What are some other ways we can show that gravity is real?
2. What are some ways that we can show that Jesus is real?

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## WHO IS JESUS?

### LESSON 2: JESUS IS GOD ☆

Lessons in this series: [1](#) [2](#) [3](#) [4](#) [5](#) [Overview](#)

*This lesson will help the children understand that Jesus is God. The children will also learn that while Jesus is God, He became flesh.*

by Kristy Thornton

#### TOPICS

Knowing Jesus, Knowing God, Trinity

#### AS KIDS ARRIVE (10 MINUTES)

Have paper and crayons ready for when the children arrive. Have them draw a picture of God. After the children have completed their drawings ask how many of them drew pictures of God the Father. How many of them drew pictures of Jesus. Explain that both pictures are correct because God the Father and Jesus are both God.

#### WORSHIP TIME (5 MINUTES)

Further info? [Click here](#)

#### BIBLE VERSE (5 MINUTES)

**"I and the Father are one." John 10:30 NIV**

Have the children repeat this short verse several times as a class. Explain to the children that Jesus is referring to Himself in this passage. Although separate, Jesus and God the Father are one in the same and that they will learn more about this in today's lesson. Finish by asking volunteers to recite the verse from memory.

#### BIBLE STORY (15 MINUTES)

Gather the children around you in preparation for story time. After the introduction, read the message from Jesus right from the Bible. If possible, use a Children's Bible so it will be easier for the kids to understand.

#### Introduction:

Today, we are going to read a story about how Jesus explained who He was to the Jewish people. The Jews had to choose whether or not to believe what Jesus was saying. Let's read it together and discuss what you believe.

#### Read John 10:22-42

#### Discussion Questions:

1. To whom was Jesus speaking? (*Jewish people in the temple.*)
2. Who did Jesus claim to be? (*Jesus claimed to be God.*)
3. Did the Jews, gathered around Jesus, believe that He was God? (*No, they thought He was just a man.*)
4. Why didn't these Jews believe Jesus was God? (*They were not His sheep.*)
5. Who do you think Jesus is? (*Allow children to respond.*)

#### FUN TIME (15 MINUTES)

**We Are One (Craft/Activity)** [Click here](#)

#### ALTERNATE FUN TIME (7 MINUTES)

**Egg Parts (Object Talk)** [Click here](#)

#### PRAYER/SNACK (10 MINUTES)

Further info? [Click here](#)

Before snack, pray and thank God for sending Jesus into the world to save us from our sins. Provide Oreo cookies as the snack. Explain that the Oreo has three parts. The top cookie, cream in the middle, and the bottom cookie; however, we still call the whole cookie an Oreo Cookie. Three parts, God the Father, Jesus the Son, and the Holy Spirit, make up one God. This is what we call the Trinity. Jesus is a part of God so we can call Him God, just as we call God the Father and the Holy Spirit, God.

#### CLOSING ACTIVITY (5-10 MINUTES)

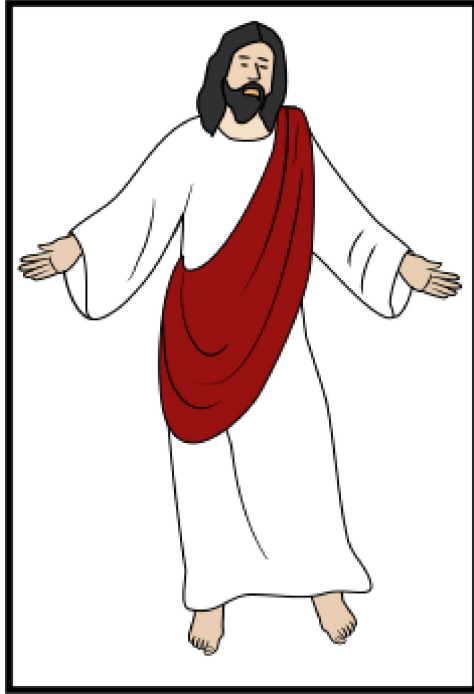
**Evidence of the Invisible (Activity)** [Click here](#)

#### NEXT WEEK

Last Sunday we learned that Jesus is God's Son, and today we learned that Jesus is God. However, there is still more to learn about Jesus, so make sure to come back next week!

#### TAKE HOME PAGE

Give one copy to each child at the end of the class to take home [PDF]. [Click here](#)



God  
the  
Father