

FATHER OF NATIONS

LESSON 3: JACOB, THE HEEL GRABBER ☆

Lessons in this series: [1](#) [2](#) [3](#) [Overview](#)

God's promise is mentioned again to Jacob, confirming that the covenant God made to Abraham will stretch for many generations up to the present. In this lesson, children learn that God always keeps His promises and so should we.

TOPICS

Blessings, Child of God, Jacob, Promises

AS KIDS ARRIVE (12 MINUTES)

Who Am I? (Coloring Activity) [Click here](#)

WORSHIP TIME (5 MINUTES)

Further info? [Click here](#)

BIBLE VERSE (10 MINUTES)

"I am with you and will watch over you wherever you go." Genesis 28:15a NIV

Assign actions to the different words as shown below to help the children memorize this verse.

When saying this word: Perform this action:

With you:	Give yourself a hug
Watch:	Pretend to be looking through binoculars
Wherever:	Point your finger all around the room
Go:	Walk in place

Along with this new verse, review the verse the children learned during the past two weeks: "Trust in the Lord with all your heart" Proverbs 3: 5a. See who can remember it. Then ask the following questions:

1. Who is with you wherever you go? (*The Lord.*)
2. Who will watch over you wherever you go? (*The Lord.*)
3. Who can we trust with all of our heart? (*The Lord.*)

BIBLE STORY (15 MINUTES)

Gather the children around you in preparation for story time. After each introduction, read the below passages directly from the Bible. If possible, use a Children's Bible so it will be easier for the kids to understand.

Introduction:

Last week we learned about Isaac being born to Abraham and Sarah. Isaac grew with the same faith as Abraham and Jacob. He met Rebekah who later became his wife. Let's see how God continued His promise to Abraham through Isaac's son. We are going to read two stories, right from the Bible.

Read Gen 25:21-28 (The birth of Jacob and Esau)

Discussion and Questions:

1. Was Jacob the only son? (*No, he had a twin.*)
2. What was Jacob's twin brother's name? (*Esau.*)
3. Who was the hairy one? (*Esau.*)
4. Which twin was grabbing the heel of his brother when he was born? (*Jacob.*)

Do you remember how God told Abraham to move to a new place? When Jacob received his blessing from his father Isaac, he was also told to move to a different place. On his way, he had a dream.

Read Gen 28:1-4, 10-15 (God's promise to Jacob)

Discussion Questions:

1. Who gave Jacob a blessing? (*His father Isaac.*)
2. What was in Jacob's dream (*Ladder, angels.*)
3. Who was going to be with Jacob wherever he would go? (*God.*)
4. Did God bless Jacob also? (*Yes.*)

Remember, in our first lesson when God promised Abraham that he would be the father of many peoples on earth? Then, God gave Abraham a son when he was very old, named Isaac. Then God gave Isaac a son when he was very old, named Jacob. God always fulfills His promises, even when it seems impossible. Through Abraham, Isaac, and Jacob, there became many generations of God's people.

FUN TIME (10 MINUTES)

Ladder of Angels (Activity) [Click here](#)

ALTERNATE FUN TIME (5 MINUTES)

Father Abraham Revised (Song) [Click here](#)

PRAYER/SNACK (10 MINUTES)

Further info? [Click here](#)

Start by thanking God for always being with us, wherever we go, and for always keeping His promises. While enjoying the treats, continue to have a casual discussion about promises by asking the following questions:

1. What does it mean when we make a promise?
2. Why is it important for all of us to keep our promises?
3. What happens when we don't keep our promises?
4. Who always keeps His promises? (*God.*)

CLOSING ACTIVITY (5-10 MINUTES)

As the children wait to be picked up, have them finish coloring their pictures of Jacob and Esau. Ask the children how many different things can they find between the two men?

NEXT WEEK

Come back next week to learn more about our awesome God.

TAKE HOME PAGE

Give one copy to each child at the end of the class to take home [PDF]. [Click here](#)

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FATHER ABRAHAM (REVISED) ☆

A well known song but with a with a slight twist to get the kids counting for the Lord. Sung to the tune of "Father Abraham." (Author Unknown, Copyright Unknown-to be used for classroom fun activity only)

TOPICS:

Abraham, Celebration, Promises

MATERIALS:

Song sheet [PDF] [Click here](#)

Audio Sample  [Click here](#)

DURATION:

Approximately 5 minutes



SONG LYRICS

Father Abraham, has many sons,
Many sons has Father Abraham.
I am one of them, and so are you,
So let's shout to the Lord,
ONE, TWO!

Father Abraham, has many sons,
Many sons has Father Abraham.
I am one of them, and so are you,
So let's shout to the Lord,
ONE, TWO, THREE, FOUR!

Father Abraham, has many sons,
Many sons has Father Abraham.
I am one of them, and so are you,
So let's shout to the Lord,
ONE, TWO, THREE, FOUR, FIVE, SIX!

Father Abraham, has many sons,
Many sons has Father Abraham.
I am one of them, and so are you,
So let's shout to the Lord,
ONE, TWO, THREE, FOUR, FIVE, SIX, SEVEN, EIGHT!

Father Abraham, has many sons,
Many sons has Father Abraham.
I am one of them, and so are you,
So let's shout to the Lord,
ONE, TWO, THREE, FOUR, FIVE, SIX, SEVEN, EIGHT, NINE, TEN!

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