

LIFT & LEARN - ARMOR OF GOD ☆

A fun activity that encourages children to listen and interact, while learning about the Armor of God

TOPICS:

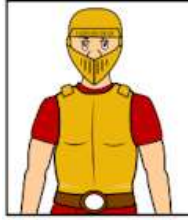
Armor of God, Following God, Protection, Strength

MATERIALS:

Window Story Pictures [PDF] [Click here](#)
Glue, Razor Blade

DURATION:

Approximately 10 minutes



PREPARATION:

Before class, print both window story pictures. On window story page 1, you will notice that there are six boxes numbered one through six. Using a razor, carefully cut all of the dotted lines of these boxes. Make sure you do not cut the black line, as this will act as the hinge when you open the flap. These boxes will be the windows you use while teaching the children about the various components of the Armor of God. After you cut the dotted lines, place window story page 1 over the top of window story page 2. When you open the windows, you should be able to see the six different pieces of the Armor of God. Once you have determined that everything lines up correctly, carefully glue window story page 1 over page 2. A little glue will go a long way, so use the glue sparingly, and be sure not to get any glue in the window areas.

WHAT YOU WILL DO:

Tell the children that you will be teaching them about the Armor of God today. Explain that throughout the teaching time you will be asking for kids to help the class discover more about the spiritual armor God gives His children. As you tell the story, select different children to come up and open a window at the appropriate time. As the windows open, show all the children the pictures that had been hidden behind the window, and explain how each piece of armor protects us in reference to Ephesians 6:10-17.

Optional Idea:

Create additional copies of the activity for children to take home.

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SAMSON'S GREAT STRENGTH ☆

A retelling of the story of Samson and Delilah

TOPICS:

Disobedience, Samson, Spiritual Growth

DURATION:

Approximately 5 minutes

Before Samson was born an angel spoke to his mother and told her that no razor was to touch Samson's hair. In other words, she was never to cut his hair. Samson's long hair was to be a sign that he was serving God. Samson did follow God faithfully, and as his hair grew, he also grew in strength.

The Philistines had captured the Israelites, made them do all the hard work, and treated them badly. When Samson grew into a man he freed the Israelite people from the Philistine captivity using the great strength God had given him. Samson was so strong that no one could defeat him in battle. He became a hero to the Israelites.



Samson was to keep his life pure, not cut his hair, and serve God. As Samson became famous, he started to depend more on his own strength instead of on God. He broke his promise to God, that he would keep his life pure. Samson fell in love with a Philistine woman named Delilah. It was the Philistines who had mistreated the Israelites before, and Delilah did not follow God.

The Philistines did not like Samson and they wanted to defeat him. Some of the Philistine men told Delilah that they would richly reward her if she could find out the secret to Samson's great strength. Delilah asked Samson to tell her the secret to his great strength, but he would not tell her the truth.

Delilah would not give up. Continually, she pestered him until finally he gave in. Samson said, "All my life, no razor has ever been used on my head. If you cut my hair, my great strength will leave me."

Delilah lulled Samson to sleep and had his hair cut. Then the Philistine men rushed in and tied him up. When Samson woke up, his strength was gone. He had broken his promise to God. After that, the Philistines made Samson a slave and treated him very badly.

Sometime later the Philistines were having a big party celebrating Samson's capture. People laughed at Samson and made fun of him. Samson cried out to God and asked God to restore his strength one more time, so that he could defeat the Philistines one last time. Samson used the strength that God gave him to push down two giant pillars that were holding the roof up. As Samson pushed the pillars the roof came crashing down. Samson died along with many Philistines that day.

THE END

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DELILAH TRICKS SAMSON



TOO MANY COOKIES ☆

Many times we ask God to give us things that we may not really need.

TOPICS:

Child of God, Prayer

MATERIALS:

Plate of cookies



DURATION:

Approximately 10 minutes

WHAT YOU WILL DO:

Show the class the plate of cookies and say, "These cookies look so delicious! I think I could gobble them all up! What are your favorite kinds of cookies? (Allow for answers) Will your mom or dad let you eat as many cookies as you want? No, of course not, they know that you would get sick if you ate too many cookies. Would your mom or dad let you eat cookies right before dinner? No, that would be silly; it would ruin your appetite for dinner. Are cookies bad? No, but you should not eat a lot of them, and you should eat cookies at the proper times, like for snacks or dessert."

Many times, we ask God to give us things that we may not really need, and God either chooses to make us wait or He says, "No."

God knows what is best for us. For example we may ask God for that cool new toy or videogame, but He may say no because it is not good for us. We may pray for a new puppy or kitty cat but God may answer, wait, as He knows the best time for us to have a new pet. We may never know the reasons why God answers our prayers with no or wait, but one thing we can know for sure, is that God loves us and wants the best for us.

After thanking God for the cookies, share them with the class.

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SPECIAL PEOPLE OF THE BIBLE (OT)

LESSON 3: SAMSON'S GREAT STRENGTH ☆

Lessons in this series: [1](#) [2](#) [3](#) [4](#) [5](#) [6](#) [Overview](#)

In this lesson about Samson and Delilah, children learn that talents and strengths are gifts from God.

TOPICS

Following God, Obedience, Power of God, Samson, Strength

AS KIDS ARRIVE (10 MINUTES)

As kids arrive, lead them in various exercises such as jumping jacks, sit ups or push ups. Ask the children why it is important to exercise. Let them know why it is important for us to exercise spiritually as well. Give the kids examples of how we can get in shape spiritually. (Praying, reading the Bible, going to church, etc.)

Delilah Tricks Samson (Optional Coloring Page) [Click here](#)

WORSHIP TIME (5 MINUTES)

Further info? [Click here](#)

BIBLE VERSE (5 MINUTES)

"It is God who arms me with strength and keeps my way secure." Psalm 18:32 NIV

Explain to the children what it means to be armed with strength from God and how that can make our way secure.

BIBLE STORY (15 MINUTES)

After the introduction, read the children's version of the story. As an option, you can read the story about Samson and Delilah directly from the Bible.

Introduction:

Today, our story is about a very well known man and woman in the Bible, Samson and Delilah. How many of you have heard those names before? We will learn that Samson was very strong, but Delilah was very sneaky.

Samson's Great Strength (Story) [Click here](#)
(Option) Read Judges 13; 14; 16 (Samson & Delilah)

Discussion Questions:

1. Who told Samson's mother not to cut his hair? (*An Angel.*)
2. Who did Samson follow and obey as he was growing up? (*God.*)
3. What did God give Samson? (*Great strength.*)
4. Samson freed his people from what group of people? (*Philistines.*)
5. Samson didn't keep his life pure and fell in love with a Philistine woman, what was her name? (*Delilah.*)
6. What did Delilah keep asking Samson? (*What was the source of his great strength?*)
7. What happened after Samson's hair was cut? (*He lost his great strength and his freedom.*)

FUN TIME (10 MINUTES)

Lift & Learn - Armor of God (Activity) [Click here](#)

ALTERNATE FUN TIME (10 MINUTES)

Too Many Cookies (Object Talk) [Click here](#)

PRAYER/SNACK (10 MINUTES)

Further info? [Click here](#)

Start by praying to God and thanking Him for giving each of us special gifts and talents. Give the children a snack of a cookie or two. As the children enjoy their snack, ask them to share ways that they can use their talents to honor God.

CLOSING ACTIVITY (5-10 MINUTES)

Who Will Obey? (Activity) [Click here](#)

NEXT WEEK

Come back next week to learn about more special people in the Bible.

TAKE HOME PAGE

Give one copy to each child at the end of the class to take home [PDF]. [Click here](#)