

ARMOR OF GOD

LESSON 1: FULL ARMOR OF GOD ☆

Lessons in this series: 1 [Overview](#)

This lesson introduces young children to the full armor of God and the protection they have as followers of Jesus.

by Kristy Thornton

TOPICS

Armor of God, Preparedness, Protection, Readiness

AS KIDS ARRIVE (10 MINUTES)

Full Armor of God (Coloring Page) [Click here](#)

WORSHIP TIME (5 MINUTES)

Further info? [Click here](#)

BIBLE VERSE (5 MINUTES)

"Put on the full armor of God, so that you can take your stand against the devil's schemes." Ephesians 6:11 NIV

Have the children follow along with their coloring page as you read the verse. Explain that when we put on the Armor of God, the devil's lies and tricky ways will not harm us because we are prepared and ready.

Discussion Questions:

1. When you think of armor, what comes to mind? (*Gladiators, knights, battles, swords, etc.*)
2. How would armor help you stand against the devil? (*Allow for answers.*)

BIBLE STORY (15 MINUTES)

Gather the children around you in preparation for story time. After the introduction, read Ephesians 6:10-18 from the Bible. If possible, use a Children's Bible so it will be easier for the kids to understand. Draw a picture of a person on the board. Then, as you read the scriptures, draw each part of God's armor (*belt, breastplate, shoes, shield, helmet, and sword*) on the person as you come to it.

Introduction:

Today, we are going to read about the full armor of God. Did you know that God gives us armor to prepare to fight the devil? Our God is so great and loves us so much; He doesn't want us to fight the devil on our own. Therefore, He gives us tools and weapons to protect us. Our fight with the devil is a spiritual battle, so we must be prepared with spiritual armor.

Read Ephesians 6:10-18

Discussion Questions:

1. What are some ways the devil tries to trick us? (*He lies to us, calls us names, destroys us, and steals from us.*)
2. Why do we need God's armor? (*To protect us from the devil's schemes and so we can be strong in the Lord.*)
3. What does the buckle represent? (*Buckle of Truth.*)
4. What does the breastplate represent? (*Breastplate of righteousness.*)
5. What do the shoes represent? (*Shoes of the Gospel of peace.*)
6. What does the shield represent? (*Shield of faith.*)
7. What does the helmet represent? (*Helmet of Salvation, Eternal life in Christ.*)
8. What does the sword represent? (*Sword of the Spirit, God's Word, the Bible.*)
9. What does God call us to keep doing? (*Keep alert, and keep praying.*)

FUN TIME (10 MINUTES)

Everyday Armor (Game) [Click here](#)

ALTERNATE FUN TIME (10 MINUTES)

Hunger and Thirst for Righteousness (Game) [Click here](#)

PRAYER/SNACK (10 MINUTES)

Further info? [Click here](#)

Start by thanking God for each part of the spiritual armor He gives us for protection. Ask God to help us remember to put on our spiritual armor each day. Then, thank Him for the snacks. A great snack would be something that has a natural protection in one way or another. For example, you can provide bananas or oranges that have thick peels for protection, or nuts that have hard outer shells for protection. Talk about how God gives these foods physical protection from being bruised or broken. Explain that God gives us protection against physical harm too, but He also gives us spiritual protection against things that are unseen, like the devil.

CLOSING ACTIVITY (10-15 MINUTES)

Prepare the Warrior (Activity) [Click here](#)

NEXT WEEK

Invite the children to come back next week to learn more about Jesus.

TAKE HOME PAGE

Give one copy to each child at the end of the class to take home [PDF]. [Click here](#)

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PREPARE THE WARRIOR ☆

Children review the different parts of God's Armor needed to prepare for spiritual battle.

by Kristy Thornton

TOPICS:

Armor of God, Preparedness, Protection

MATERIALS:

Figure outline page [PDF] [Click here](#)

Armor pieces [PDF] [Click here](#)

Scissors, glue sticks

Ziploc bags

Medium card stock

Crayons or colored markers



DURATION:

Approximately 15 minutes

PREPARATION:

Print out copies of the figure outline page and the armor pieces onto medium card stock. You will need one of each for every child. Precut the six armor pieces and place each set into a Ziploc bag.

WHAT YOU WILL DO:

Give the children a figure outline page and a Ziploc bag containing the six pieces of armor. Have them open their bags to examine all the pieces. You will discuss each piece before having the children glue them onto their figures. Once all the pieces are in place, have the children add faces and skin color.

WHAT YOU WILL SAY:

You all have a picture of a person. Now, we want to add some special pieces of clothing. We are going to put on the full Armor of God. Jeremiah 46:3-4 says, "Prepare your shields, both large and small, and march out for battle! Harness the horses, mount the steeds! Take your positions with helmets on! Polish your spears, put on your armor!" (NIV)

To be spiritual warriors, we must get ready for battle by putting on the full Armor of God. Open your bags, and examine each piece of God's Armor. (Allow a few moments for the children to do this.)

Now, let's talk about each piece of God's Armor and discuss how it can protect us. As we do, I want you to glue that piece onto your person. (You can find the Armor of God listed in Ephesians 6:13-17. As you discuss each piece, have the children glue that piece onto their figure.)

- **The Belt of Truth:** By knowing the Truth, we will know when someone like the devil is trying to trick us.
- **The Breastplate of Righteousness:** We received God's protection when our lives are pleasing to Him.
- **Feet fitted with the Gospel of Peace:** By telling others about Jesus, we can help them turn from sin.
- **Shield of Faith:** When we have faith in Jesus, He will give us courage to resist the arrows of the evil one.
- **Helmet of Salvation:** Wearing the helmet of Salvation means we are children of the All-powerful God.
- **Sword of the Spirit:** This is the Word of God, the Bible. The Bible will help guide us away from doing wrong.

Now that your person is wearing the full Armor of God, take a few moments to add a face to your figure. Color the skin too. If you like, add some features to make your warrior look like you.

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EVERYDAY ARMOR ☆

Children learn the importance of putting on the full Armor of God, as they would dress warmly for a cold winter's day.

by Kristy Thornton

TOPICS:

Armor of God, Preparedness, Protection

MATERIALS:

2 hats, 2 scarves, 2 large jackets,
2 large boots, 2 gloves or mittens
Bible, small table

DURATION:

Approximately 10 minutes



WHAT YOU WILL DO:

You will compare the way we put on protective clothing to face the cold of winter to how we should also put on the full armor of God to face spiritual battles.

Separate the clothing into two piles. Each pile should have one of each type of clothing. Place the Bible on a small table at the opposite end of the room.

Have the class form two teams. Select an individual from each team to be the "Cold Weather Warrior" who will put on the articles of clothing. The other members of each team must help dress their warrior as quickly as possible. As soon as either warrior is dressed with all five articles of clothing, he or she must then quickly run to grab the Bible. The first warrior to grab the Bible wins for his or her team.

If time permits, let the kids select another person from their team to be the "Cold Weather Warrior," and play again.

WHAT YOU WILL SAY:

We are going to play a game to help us remember how important it is to put on the full armor of God. Just as it is important to dress with the right clothing to protect us on a cold winter day, it is important to put on the full armor of God to protect us from the devil's schemes. Let's review the different items of God's armor. (You can use the following comparisons, or come up with your own. See Ephesians 6:13-17.)

1. Belt of Truth: Compare this to a scarf you put around your neck
2. Breastplate of Righteousness: Compare this to a thick jacket
3. Feet fitted with the Gospel of Peace: Compare this to boots
4. Shield of Faith: Compare this to gloves
5. Helmet of Salvation: Compare this to a hat
6. Sword of the Spirit: The Bible

One member of your team will be the "Cold Weather Warrior." The rest of you must help your warrior quickly put on all five articles of clothing from your team's pile. As soon as this is completed, your warrior can run and grab the Bible sitting on the table to win the game. Is everyone ready? Go!

(Note: If warm clothing is not common for your area, you can share with the children how in other parts of the world, such clothing is necessary because of cold weather. Choose other available articles of clothing to help make the same comparisons.)

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