

## KNOWN BY OUR FRUITS ☆

**What would you rather eat, a rotten banana or one that is nice and ripe?**

### TOPICS:

Behavior, Godliness, Light, Pleasing God

### MATERIALS:

One rotten banana  
One good banana

### DURATION:

Approximately 5 minutes



### WHAT YOU WILL DO:

You will show the children the bad banana first and get their reaction. Then you will display the good banana and get a different reaction. This Object Talk will help the children know the difference between being a child of God and a child who does not belong to God.

### WHAT YOU WILL SAY:

(Show the children the bad rotten banana.) Who would like to eat this banana? Why not? How can you tell this banana will not taste very good? (Allow for answers.)

(Then show the children the good banana.) Now, who would like to eat this banana? Why? How can you tell this banana will taste good? (Allow for answers.)

(Hold up both bananas.) Our lives are like one of these two pieces of fruit. Children who belong to God have nice thoughts and do nice things, so other people see them as good and wholesome, like this good banana. However, children with bad thoughts will probably do bad things. They might look like this rotten banana.

The Bible says, "Thus by their fruit you will recognize them." What kind of fruit would you want to be, like this good banana, or like this rotten banana here?

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## FRUIT OF THE SPIRIT

### LESSON 1: WALK IN THE SPIRIT ☆

Lessons in this series: 1 [Overview](#)

*This lesson will help children realize that they can bring glory to God by walking in the Spirit and bearing good fruit in their lives.*

*by Kristy Thornton*

#### TOPICS

Faith, Fruitfulness, Holy Spirit, Joy, Kindness, Love, Self-Control

#### AS KIDS ARRIVE (10 MINUTES)

As the children arrive, have play dough available for each of them to create pretend fruit. Tell students to make as many different types of fruit as possible. Once complete, count how many different types of fruit were created. Discuss how the Holy Spirit that lives in believers has nine character traits that the Bible calls the Fruit of the Spirit.

#### WORSHIP TIME (5 MINUTES)

Further info? [Click here](#)

#### BIBLE VERSE (12 MINUTES)

**"No good tree bears bad fruit, nor does a bad tree bear good fruit." Luke 6:43 NIV**

Before memorizing this verse, take some time to discuss the scripture. On the board, draw a picture of two trees. Have the children list things that good people do (love, nice, thoughtful, kind, etc.) Write the words all over the first tree. Next, have the children list things that bad people do (mean, stealing, anger, selfish, etc.). Write the words all over the second tree.

1. Which tree is the good tree? How do you know?
2. Which tree is the bad tree? How do you know?

Recite the verse several times as a class.

#### BIBLE STORY (15 MINUTES)

Gather the children around you in preparation for story time. After the introduction, read the story about Jesus being the way to the Father right from the Bible. If possible, use a Children's Bible so it will be easier for the kids to understand.

#### Introduction:

Today, we are learning about the nine parts of the Fruit of the Spirit. The Holy Spirit that lives in each believer is the same Spirit. We can all have the nine parts of the Fruit of the Spirit growing inside us. Let's read our Bible to find out what those nine parts are.

#### Read Galatians 5:22-26

#### Discussion Questions:

1. What are the nine parts of the Fruit of the Spirit? (*Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.*)
2. Does God want us to put all nine of these into action in our lives? (*Yes.*)
3. Can every believer have all nine parts of the Fruit of the Spirit? (*Yes.*)
4. What are some examples of how we can show the Fruit of the Spirit in our lives? (*Let the children respond, but help them as needed.*)
5. Will people know we love God by the way we behave? (*Yes, when we love God, we try to do what pleases Him.*)

#### FUN TIME (10 MINUTES)

**Count All Nine (Activity)** [Click here](#)

#### ALTERNATE FUN TIME (5 MINUTES)

**Known by Our Fruits (Object Talk)** [Click here](#)

#### PRAYER/SNACK (10 MINUTES)

Further info? [Click here](#)

Start by praying to God and thanking Him for giving us the Holy Spirit. Have different fruits cut and ready to serve as a snack. As the children are eating their snacks, discuss what their favorite fruit is and why.

#### CLOSING ACTIVITY (10 MINUTES)

**Hop In the Spirit (Game)** [Click here](#)

#### NEXT WEEK

Be sure to come back next week to see what new things we will learn about God.

#### TAKE HOME PAGE

Give one copy to each child at the end of the class to take home [PDF] [Click here](#)