Check Yourself

Background

- In order to be physically, spiritually, and emotionally healthy, we must purpose to become _____.
- God has already placed within us all that we need for ______ and

. Therefore, effective self-inventory will produce in us:

- _____ (2 Peter 1:3)
- o _____(Psalm 139:13-14)
- ______ with how God created you. (Psalm 139:14)
- Scripture gives us ______ and _____ for us to examine ourselves. (Romans 12:3-8)
 - It is assumed in this passage that we should ______ of ourselves, but that we should do so ______. (v. 3)
 - Reasons someone might think too highly of themselves:
 - _____
 - God made each of us uniquely in order to fit into His _____ plan.
 (v. 4)

God made each of us uniquely in order to fit together with ______

_____. (v. 5)

SHAPE

Your SHAPE determines where in the puzzle you fit!

- 1. Spiritual Gifts (1 Corinthians 7:7)
 - a. Every Christian has at least one gift. (1 Corinthians 7:7)

	b.	We must	_ the gifts God has given. It is	S
	to waste them. (1 Timothy 4:14; 1 Corinthians 4:1-2)			
	c.	Using my gifts glorifies	, not me. (Joh	n 15:8)
2.	Heart	(Philippians 2:13)		
	a.	What am I	_about?	
	b.	The Bible uses the term "he	art" to describe your	, inclinations
		and		
	c.	If something	_you or	_you, that's probably
		an area where God desires	to use	_you!
3.	Abiliti	ies (Exodus 31:3)		
	a.	What am I	_at?	
	b.	Your abilities are those	and	that seem to
		come naturally to you.		
	c. God gave you these abilities to use for His			
4.	Perso	•		
	a.	How do I	_with people?	
	b.	Introvert or		
	C.	or Passive		
	d <i>or</i> "Go with the flow"			
	e. Out in Front or Behind the Scenes			
	f.	Work in Groups or		-
5.	Exper	iences (Romans 8:28)		
		What	-	
		What		
		What		
	d.	What	_experiences have I had?	

2 The Heights Life Class Check Yourself

Temperaments

- A temperament as a person's or animal's ______ as it permanently affects their _____.
- When God created mankind, He instilled into each of us a temperament. We all have

 a _______temperament and a ______temperament.
- Each temperament has its own ______ and _____. A wise steward will ______ the strengths of their temperament while being of its weaknesses.
- 1. Sanguine
 - Sanguines are _____, lively, and enjoying people who are receptive by nature.
 - Sanguines are very _____, which means they are usually the life of the party, and often do not like to be _____.
 - External stimuli easily ______ them, which may cause them to respond spontaneously.
 - They are seldom lost for words and consequently sometimes act or
 ________ without ________ it through.
 - Sanguines tend to be _____, making quick decisions through ______
 rather than reflective ______.
 - The Sanguine never lacks ______. Their congenial nature opens doors and hearts to them. Their noisy, blustering, friendly ways make them appear more ______ than they really are, while their energy and lovable disposition gets them by the rough spots in life.
 - <u>Strengths</u>: Warm emotions, friendly, fun loving, outgoing, enthusiastic, talkative, responsive, compassionate, stimulating, ambitious.
 - <u>Weaknesses</u>: Lacking in discipline, weak-willed, egotistical, emotionally excitable, unstable, prone to exaggerate, disorganized, hot-tempered, manipulative, restless.

- was a sanguine. (Matthew 26:33-35, 69-75; John 18:10-11; Acts 2:15-36; Matthew 14:25-33; Matthew 16:13-23)
- 2. Choleric
 - Cholerics are the hot, quick, active, practical, strong-willed temperamental type who are self-sufficient and very ______.
 - Cholerics are strong natural ______ who tend to be and _____. Therefore, they find it easy to make decisions both for themselves and others.
 - They can be _____, but not to the degree of Sanguine. 0
 - They thrive on _____. The environment does not need to stimulate them because they stimulate the environment.
 - They are not frightened by adversities. They are determined to ______ 0 where others have ______, not because their plans are better than others, but because others have become discouraged and quit while Choleric have kept pushing ahead.
 - Because they are _____, cholerics rarely do anything, "just for nothing." There is an underlying ______ for practically everything they do.
 - They do not ______easily with others, and they do not show their ______ easily. They are often embarrassed or disgusted by their _____, and therefore can be very insensitive to other's
 - o <u>Strengths</u>: strong willed, determined, independent, decisive, active/energetic, practical, strong natural leader, optimistic/confident, productive, goal oriented.
 - <u>Weaknesses</u>: Unemotional/cold, self-sufficient, impetuous, domineering, unforgiving, hostile/volatile, sarcastic, impatient, unsympathetic, opinionated, confrontational.
 - _____was a choleric. (Acts 15:35-40; Acts 21:4, 11-15, 27-36) 0

3. Melancholy

 Melancholies are analytical, self-sacrificing, gifted, perfectionist type with a very ______ emotional nature. They are usually what we call

• They lean toward the _____.

They don't make ______ easily, but when they do they are the most ______ friends. They are reluctant to take people at face value, therefore prone to be ______ of others.

 Their exceptional ______ ability causes them to diagnose accurately the obstacles and dangers of any project in which they are involved.

- They are the most ______ of the temperaments. If they are confronted about their outlook, they will tell you that they are not being ______.
 they are being ______.
- They high level of talent allows them produce great work, but usually this is followed by some periods of deep _____.
- They find their greatest joy through _____. They enjoy making themselves suffer, or "taking one for the team."
- <u>Strengths</u>: gifted, analytical, perfectionist, self-disciplined, self-sacrificing, aesthetic, creative, loyal, faithful.
- <u>Weaknesses</u>: moody, deeply emotional, easily offended, pessimistic, negative, critical/nitpicky, theoretical, suspicious, revengeful, self-centered, indecisive.
- _____ and _____ were melancholy. (John 6:9; John 20:24-25)

4. Phlegmatic

- Phlegmatics are the _____, ____, never-get-upset individuals who take a positive approach to life. They are the most likable of all the temperaments.
- Plegmatics have such high boiling points that they seldom become

- In order to maintain a mellow and pleasant life, a phlegmatic will avoid as much ______ as possible. Although they are very hard to ______, they can produce very well once motivated.
- Phlegmatics are ______ who attempt to avoid or quickly eliminate conflict.
- They attract friends because they enjoy people and have a natural, dry sense of _____.
- They often act like Christians before they accept Christ. Don't think that they are perfect, they are just more ______ and _____ about the expression of their old sin nature.
- <u>Strengths</u>: calm, cool, easygoing, diplomatic, dependable, orderly, practical, humorous, agreeable.
- <u>Weaknesses</u>: passive, unmotivated, subject to procrastination, indecisive, unsure, self-protective, stubborn, selfish, stingy, slow and lazy.
- _____was a Phelgmatic.

Spiritual Gifts

- By God's ______, he has given each of us different spiritual gifts that we must use for the purposes of His ______. (Romans 12:4-6)
- God *created* each of us with these gifts. It is our responsibility to

_____, ____, ____, your

spiritual gifts. (1 Timothy 4:14)

- The purpose of spiritual gifts is to ______ the saints for the work of ministry, and to ______ the body of Christ. (Ephesians 4:11-12)
- Prophecy understanding certain ______ and knowing how God's Word directly ______; the ability to communicate God's Word with clarity, power and conviction.

- Prophecy is not free of human _____, and therefore must be considered in concert with _____. (1 John 4:1)
- Part of the _____ ministry giftings of the church.
 (Ephesians 4:11-13)

2. <u>Service</u> – the unique capacity and passion to ______ practical needs and

- to _____ them.
 - A server expresses himself most satisfactorily by doing tangible <u>work</u>. (Romans 12:7)
 - They are not interested in the ______, _____, or

_____ portion of the task, only the ______.

- Usually very _____, and are worthy of being publicly
 _____. (1 Corinthians 16:15-16)
- <u>Teaching</u> the ability to ______ things clearly and help people to arrive at a complete _____.
 - Someone with the gift of teaching loves ______, and hates to see people operate in _____.
 - Not just interested in being _____. Completely invested in other people understanding also.
 - Those who operate in the gift of teaching will receive stricter
 ______. (James 3:1)
 - Part of the _____ ministry giftings of the church.
 (Ephesians 4:11-13)

- <u>Exhortation</u> the natural passion to ______ people; the ability to bring out the best in others by means of encouraging, challenging, comforting and guiding. (Romans 12:8)
 - Someone with the gift of exhortation encourages you to _______.
 serving the Lord, no matter how ______. (Acts 11:22-23; 14:21-22)
 - Can easily see the _____, helping people get from
 - _____to _____.
 - More easily sees ______ as _____ for growth than others.
 - They can easily ______ solutions, which ultimately results in discouragement rather than encouragement.
- 5. <u>Giving</u> the unique capacity to comprehend the ______ needs related to the growth of God's kingdom and to meet those needs by giving of one's ______
 - Those with the gift of generosity should feel free be _____.
 (Romans 12:8)
 - Generally grateful when someone _____a need with them, and get great _____ out of meeting that need.
 - However, those with this gift must be excellent ______ of their gifts, ______
 ______ of their own needs and to _______ themselves.
 - These are the types of people that God _____ with _____
 (2 Corinthians 9:6-8; Philippians 4:19)
- <u>Leadership</u> the ability to _____ God's purpose for a group of believers, to set _____ to accomplish that purpose, and to _____ others in the fulfillment of those goals.
 - Those with the gift of leadership should not allow the difficulty of the task to _______.
 _________. (Romans 12:8)
 - Essentially it is the capacity to ______ others toward a vision of God's will.
 - Are usually visionaries, not concerned with the mundane details.

- Mercy natural propensity to ______another's ______ beyond normal Christian sympathy and to provide practical _______to meet their needs.
 - This is such a difficult gift that those who possess it must be mindful not to allow others' pain bring them down. (Romans 12:8)
 - Especially gifted at identifying with others pain, and joining them in sorrow.
 (Romans 12:15)
 - Sensitive to the ______ and circumstances of others and can quickly discern when someone is not doing well.
- 8. <u>Wisdom</u> the unique capacity to understand how to apply _____
 - _____ to problems or opportunities which face a group of believers
 - This spiritual gift is primarily given by the _____, and should not be taken for _____. (1 Corinthians 12:8)
 - Entirely different from ______ wisdom. (1 Corinthians 2:6)
 - The spiritual gift of wisdom will not make someone ______to speak to. This person will use their gift in a way that is _____.
 (James 3:17)
- 9. <u>Knowledge</u> the unique capacity to gain deep ______ into biblical truth by means of careful ______ and serious _____.
 - This spiritual gift is primarily given by the _____, and should not be taken for _____. (1 Corinthians 12:8)
- 10. <u>Faith</u> the ability to ______ God's purpose in a ______ and to ______ his wisdom and power to accomplish that purpose.
 - Essentially it is the gift of ______ which enables one to ______.
 God for what seems ______.
 - The spiritual gift of faith helps to ______ people out of impossible situations in the name of ______. (Acts 3:1-10)

- 11. <u>Discernment</u> the ability to ______ whether certain teachings or actions originate from God, humanity or Satan; distinguish ______ from . (Acts 5:3-6)
 - Unique ability to put spirits to the _____. (1 John 4:1)
 - This gift is developed through intense study of the _____.
 (Acts 17:11)
- 12. <u>Apostleship</u> the ability to ______ new ministries.
 - The ______ of Apostle is reserved for those who interacted with Jesus himself and took the gospel to the world.
 - The ______ of an apostle is that which begins new ministries.
 - Usually get little fulfillment from maintaining ministries, but in starting from scratch and getting new ministries off the ground.
 - Part of the _____ ministry giftings of the church.
 (Ephesians 4:11-13)

13. <u>Administration</u> – the ability to plan and ______ the gifts and talents

of a group of Christians to reach certain objectives; ______ people and resources.

- From the Greek word that means to _____. This person will take charge and bring organization to group or task.
- More concerned with handling the ______ of an organization.
- 14. <u>Evangelism</u> the ability to ______ Jesus Christ to unbelievers clearly and with frequent ______ response.
 - While all Christians are called to share their faith, some of us are more gifted and effective in this area. (Acts 21:8; 2 Timothy 4:5)
 - Part of the _____ ministry giftings of the church.
 (Ephesians 4:11-13)
- 15. <u>Shepherding</u> the ability to ______ for a specific group of Christians by

___, _____ and protecting them. Taking

responsibility for the spiritual ______ of a specific group of believers.

- \circ They love working _____ with people in order to see them to
- Just because you have the gift of shepherding does not mean that you will hold the office of _____.
- The gift of shepherding is directly linked to the gift of ______.
 (Ephesinas 4:11)
- Part of the _____ ministry giftings of the church.
 (Ephesians 4:11-13)
- 16. <u>Hospitality</u> the unique capacity to ______ individuals or groups into one's home in order to share fellowship, food, or lodging.
 - Manages their homes in such a way that they are always ready to receive and entertain guests. (1 Peter 4:9-10)
- 17. <u>Intercession</u> The ability to pray ______ and with unusual

with the result that answers to prayer requests are

experienced in a ______ way. "Prayer Warrior"

- 18. <u>Music</u> The unique capacity to use the vehicle of music to share one's relationship with God and to ______ Others to ______ God.
- 19. <u>Healing</u> The unique ability to serve as an agent of Christ to bring about physical healing in others at certain times. (1 Corinthians 12:9)
 - The purpose of these gifts are for the glory of Christ, not for the person performing them. (Acts 4:29-30)
- 20. <u>Miracles</u> The ability, by the Spirit, to do ______ things. (1 Corinthians 12:10)
- 21. <u>Tongues</u> The ability to speak in a heavenly ______, primarily for the purposes of ______, or for ______. (1 Corinthians 12:10-11)
- 22. <u>Interpretation of Tongues</u> The ability to hear a spiritual language, whether from oneself or another, and ______ for the ______ and

_____of the hearer. (1 Corinthians 12:10-11)